



Mt Lorne 2017 Summer Market



Seriously Local !!

To all our neighbors and residents, friends and supporters of **LOCAL**. As the world barrels down the slope of climate change, and we write reports with words like sustainable, local and food secure, we want to develop and seriously support local food production. The time is now to look at our production and consumption of food, and how we can work towards eating local. Over the years at LMCA, this has evolved into food skills workshops, gardening skills, the Foodie Club, the Ingestible Festival and last year we added the Tuesday Market.

I believe the Market can be a major tool in getting food produced in our area eaten by families that live here, and build community between neighbors.

This vision includes

- Buying food, beverage, plants, products from people you know, which allows for money to flow within **OUR LOCAL** area including vegetables produced within an hours drive and picked that morning!
 - A place to meet, face to face, and talk with people who share our “place”.
 - Workshops to help you be part of **seriously local**, by preserving, growing and sharing
 - A place to find new homes for things we are not using anymore; exchange barter, give, sell.
 - Opportunity to grow, including buskers, theatre....**For us, by Us**
- An event that will build our knowledge and trust in each other. The strength of our community will help determine the resilience of our community.

So....heads up for a second season of the LMCA farmers Market. We plan to run ten markets, Tuesdays 4:30 to 6 pm, beginning early July There will be a kick off market mid May and a final Harvest Stock up at the end of September.

What we need to make this happen is :

- Someone who wants to run the concession, providing good food for supper, snacks, take home baking (a couple of times or all summer..talk to Agnes to schedule this)
- Vegetable growers/ wild harvesters - this can be the extra in your garden that you are not eating!
- Vendors of quality, local products.
- Support from our neighbors to come to the market!



Please call me with ideas, of what you can bring to the market; energy and products, food and fun, community and seriously local support are all needed.

Let's make this happen!

Shiela Alexandrovich, 668-5964 or leave a message for me through LMCA